

SENIOR MEALS PROGRAM

Home cooked meals
7 days/week
\$5 suggested donation

Dine In ♦ Carry Out
Delivery*

*must call 605-892-6285



No person aged 60 or older will be denied a meal.
Please determine your contribution based on your comfort level.

828 Kingsbury St., Belle Fourche, SD



DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Chicken Enchilada Spanish Rice Black Bean Salad Dessert	2 Smoked Sausage Baked Mac n' Cheese Mixed Veggies Dessert	3 Meatloaf Baked Potato Waxed Beans or Creamed Spinach Bread & Butter Dessert	4 Roast Beef w/ Roasted Veggies Mashed Potatoes Topped w/Gravy Dessert	5 Pulled Pork Sandwiches Sweet Potato Fries Cole Slaw Cookie
6 Chicken & Stuffing Casserole Buttered Broccoli Fresh Fruit	7 Goulash Garden Salad Cheesy Garlic Bread Dessert	8 Pork Ribs Roasted Reds Glazed Carrots Biscuit Pudding	9 Stir Fry Fried Rice Egg Roll Fruit Fortune Cookie	10 Shepherd's Pie Garden Salad Biscuit Dessert	11 Salmon Patties Sweet Potato Fries Steamed Broccoli Dessert	12 Tater Tot Casserole Fruit Salad Bread & Butter Dessert
13 Pork Roast Mashed Potatoes Green Beans Dessert	14 Shrimp Scampi in Cream Sauce Over Linguine GreenBean Almondine Nona's Buttermilk Rolls	15 Swiss Steak Mashed Potatoes Spinach Bread & Butter Dessert	16 Sloppy Joes Potato Salad Baked Beans Dessert	17 Chicken Fried Steak Mashed Potatoes Country Gravy Veggie Medley	18 Tuna Noodle Casserole Peas Garden Salad Bread & Butter Dessert	19 Ham & Scaloped Potatoes Mixed Veggies Fruit Bread & Butter
20 Pot Roast w/Veggies Roasted Potatoes Garden Salad Bread & Butter Dessert	21 Cheese Burger Potato Wedges Veggie Medly Rocky Road Pudding	22 Cream Cheese Chicken Chili Corn Bread Fresh Fruit Salad Dessert	23 Baked Cod Twice-baked Potato Casserole Beets Salad Dessert	24 Stuffed Pepper Soup Roll & Butter Fruit Dessert	25 <i>Christmas Dinner</i> 	26 Left-over Surprise
27 BBQ Chicken Baked Potatoes Carrots Bread & Butter Dessert	28 Roasted Pork w/Apples Wild Rice Pilaf Veggie Medley Bread & Butter Dessert	29 Beef Nacho Casserole Black Beans Salad Dessert	30 Sausage Gravy Over Biscuits Maple Roasted Brussels sprouts Hash Brown Fresh Fruit Salad	31 Oven Fried Chicken Mashed Potatoes Green Beans Bread & Butter Dessert		



If you would like to sponsor Senior Meals Menu, call us at 892-6285 for details.

