



FEBRUARY NEWS



LOVE YOUR NEIGHBOR - ENJOY A CUP OF SOUP
PERFORM AN ACT OF RANDOM KINDNESS

See page two for a letter from Laura.
See page three for just a few of Laura's accomplishments.

BELLE SILVER LINING BOARD OF DIRECTORS



- Brent Cohn - President**
- Rita Bollwitt - Vice President**
- Jeri Olson - Secretary**
- Janelle Austin - Treasurer**
- Mary Riley - Events Coordinator**
- Scott McCart**
- Charlie Johnson**
- Marilyn Huston-Engle**

During this time of transition the Board of Directors will be handling administrative duties, with the assistance of staff and volunteers.



Monthly newsletters will be available digitally via Facebook, www.bellesilverlining.com, and via e-mail. Printed copies are available to pick up at Belle Silver Lining. Those who receive meals delivered will have a copy placed with their meals the first day they are available.

DON'T MISS UPCOMING EVENTS

Every Friday - Caramel Rolls and Coffee - 7:30am to 10am - Suggested donation of \$2

Feb. 13th - Progressive Bingo at Branding Iron - Doors Open 6pm - Balls spin at 7pm

February 16th & 17th - Bake Sale at Belle Silver Lining - 8am to 5pm both days

February 17th - Fundraising Breakfast

February 28th - Board Meeting 6pm

March 5th - Bingo at Branding Iron - Doors open at 6pm - Balls spin at 7pm

March 30th - Daddy Daughter Dance - 6pm

TUESDAY - FEB 13th
BRING YOUR VALENTINE

NEW DATE

Tuesday - February 13th
Doors open 6:00pm
Location - Branding Iron
Come early for dinner specials

We sincerely apologize that you did not receive the January newsletter in the mail - there was a change in how the USPS accept our mail and we have not been able to get that figured out.

The January newsletter is available on the website - please take a moment to view it there.



PO Box 544 ♦ 828 Kingsbury Street, Belle Fourche, SD 57717 ♦ (605) 892-6285 ♦ bfsc@midconetwork.com ♦
www.bellesilverlining.com

January 26, 2024

My Dear Silver Lining Family,

I would like to announce my resignation of Executive Director of Belle Silver Lining. It has been true joy serving our community! My journey continues with retirement.

I will forever be grateful for the opportunity to watch our family grow as new friendships developed and old friendship rekindled. I am blessed to have watched the Belle Silver Lining Family reach out and welcome all with kindness and support. You are what makes Belle Silver Lining a special place for our community and for me! You are all precious to me!! Thank you!

I have attached my letter of resignation that was given to our Board of Directors for your reference.

With Much Love and a BIG HUG,


Laura



The Board of Directors of Belle Silver Lining apologize that timing did not allow for a larger gathering to celebrate Laura's retirement.

Let this new month bring great miracles, new adventures, incredible breakthroughs, new visions & greater blessings for you & your beloved ones.
– Rajesh Goyal

Laura was with Belle Silver Lining from 2018 to 2024 and made such an amazing impact. Here are just SOME of the examples.

- Membership has increased from 13 to over 400. That is a 3000% increase!!!
- Meals served per day has gone from less than 10 to around 100.
- Home deliveries have gone from 0 to around 40.
- Multiple activities and programs have been implemented.
- Belle Silver Lining Thrift Shoppe was created and continues to contribute significant amounts to center operational expenses.
- Daily well being checks on certain members, was implemented and continues to occur.
- Laura took the time to give guidance on senior housing, health care and meals, or direct them to the correct agency.
- Laura assisted in facilitating numerous facility upgrades and repairs. These include roof replacement, painting, etc.
- Facilitation of governmental interface at the Federal, state, county and city level.
- Interface with senior centers in Spearfish and Sturgis.
- Happy and successful management of center staff and volunteers.
- Arrangement of numerous guest speakers and senior affairs specialists.
- Creation of a warm, and caring environment for all seniors and community members to enjoy.



Volunteers NEEDED

LOTS OF POSITIONS AVAILABLE

Just some of what we need help with

- Unloading donations to thrift store
- Delivery Drivers
- Grant writing
- Thrift store organization
- Article writers
- Event setup and clean up

Join us

- 📍 828 Kingsbury Street - Belle Fourche SD
- ☎ 605-892-6285
- ✉ bfscc@midconetwork.com




Whistle Stop Market

1st Saturdays Newell, SD
9:00 AM-2:00 PM
March 2, 2024

Senior Center
3rd Street

Repurposed Furniture,
Hand Crafted Items, Vintage Finds,
Antiques, Collectibles &
Much Much More!

Call Patti Karas 605-641-5510
For Booth Information

*This is a Newell Senior Center
Sponsored Event*

Happy St. Patrick's Day!

RAILROAD CROSSING

THANK YOU LAURA for all that you did for the Belle Fourche and surrounding area Seniors, their families and community members.



EVERY TIME YOU SHOP AT LYNN'S DAKOTAMART SAVE YOUR RECEIPTS AND DROP THEM OFF AT THE CENTER. IT'S AN EASY WAY TO SUPPORT OUR COMMUNITY WITHOUT ANY ADDITIONAL COST TO YOU. ENCOURAGE YOUR FRIENDS, FAMILY AND NEIGHBORS TO JOIN TOO!

MEDICARE OPEN ENROLLMENT

Ida Marie Snorteland will be at the Belle Silver Lining Senior Center Every Tuesday during Open Enrollment.
Call 605-642-5123 for an appointment!

You can count on SHIP to be:

- Local
- Unbiased
- Confidential
- Knowledgeable
- In-person or virtual

Contact Us:

605-342-8635

1844 Lombardy Drive
Rapid City, SD, 57703

Crossword 21

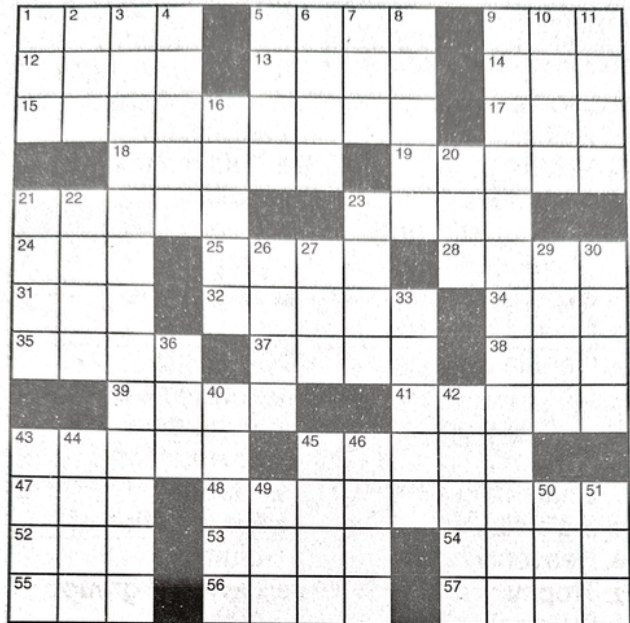
ACROSS

1. Sound of shock
5. Hamlet, e.g.
9. Bother
12. To shelter
13. Popular breakfast spot (abbr.)
14. ___ rule (2 wds.)
15. Tabletop protectors (2 wds.)
17. Beer cask
18. Wise fellows
19. "Aida," for one
21. Hard wood
23. Among
24. Revolver
25. Alka-Seltzer sound
28. Accountants' initials
31. Louvre collection
32. Fork prongs
34. Light furniture wood
35. Plumbing leak
37. Dull-witted one
38. Cycle prefix
39. Dairy denizens

41. Jumped
43. What a sock covers
45. Commandments word
47. Comedienne Charlotte ___
48. Insides
52. Bosses (abbr.)
53. Toothed wheel
54. Furniture wood
55. Snake's sound
56. Big pigs
57. Spot

DOWN

1. Break
2. The whole shebang
3. Sports fan's purchase, perhaps (2 wds.)
4. Pie nut
5. 10-cent coin
6. Cries of surprise
7. Do ___ disturb
8. ___ Downs
9. Steakhouse side dishes (2 wds.)
10. Internet surfer
11. Infatuated, slangily



16. The Sphinx's home
20. Photo, for short
21. "My goodness!," once
22. Mason portrayer
23. Mimicked
26. Box tops
27. Lennon's widow Yoko ___
29. Senior citizens' org.
30. Revue segment
33. ___ energy
36. Candidate, for short
40. Measure on scales
42. Special group
43. Munitions
44. Harangues
45. Without an escort
46. That girl's
49. Modern (prefix)
50. Light knock
51. Shade of blue



Thank you to some of our recent generous sponsors

CLARKSON FOUNDATION
 SOUTH DAKOTA COMMUNITY FOUNDATION
 THIEL & ASSOC.
 EUNICE LEITNER
 INTEGRITY MEATS
 MAURA JO NIXON
 AL DEJONG
 LARRY SCHMALTZ
 RON TEWES
 RAY & KAREN ALLEN
 ROSE HAFNER
 ELSIE GORDER
 MORGAN MILLER
 MOXIE MARKETING
 BLACK HILLS LAUNDRY
 LUEDERS
 LYNN'S DAKOTAMART
 EARL AND LORETTA DAVIS FAMILY FOUNDATION

upcoming ways to support Belle Silver Lining

TABLE SPONSORSHIP AT FATHER DAUGHTER DANCE
 SPONSOR EVENTS HELD AT THE CENTER

Happy Valentine's Day

FEBRUARY ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 1:30 pm Tai Chi	29 10:00 am Cribbage 1:00 pm Bingo	30 9:30 am Grief Support 10:00 am Pinochle	31 1:00 pm Cribbage 2:00 pm Ladies Social	01 1:00 pm Bingo	02 7:30 am - 10:00 am Caramel Rolls & Coffee	03 1:00 PM Pinochle Party
04 1:30 pm Tai Chi	05 10:00 am Cribbage 1:00 pm Bingo	06 9:30 am Grief Support 10:00 am Pinochle	07 1:00 pm Cribbage 2:00 pm Ladies Social	08 1:00 pm Bingo	09 7:30 am - 10:00 am Caramel Rolls & Coffee	10
11 1:30 pm Tai Chi	12 10:00 am Cribbage 1:00 pm Bingo	13 9:30 am Grief Support 10:00 am Pinochle 1:00 pm - 3:00 pm Toenail Clinic 7:00 pm Progressive Bingo (@ Branding Iron)	14 1:00 pm Cribbage 2:00 pm Ladies Social Valentine's Day 	15 1:00 pm Bingo	16 7:30 am - 10:00 am Caramel Rolls & Coffee 8:00 am - 5:00 pm Bake Sale	17 7:30 am - 10:00 am Fundraiser Breakfast 8:00 am - 5:00 pm Bake Sale
18 1:00 pm Pinochle Party 1:30 pm Tai Chi	19 10:00 am Cribbage 1:00 pm Bingo	20 9:30 am Grief Support 10:00 am Pinochle	21 1:00 pm Cribbage 2:00 pm Ladies Social	22 1:00 pm Bingo	23 7:30 am - 10:00 am Caramel Rolls & Coffee 6:00 pm Movie Night	24
25 1:30 pm Tai Chi	26 10:00 am Cribbage 1:00 pm Bingo	27 9:30 am Grief Support 10:00 am Pinochle	28 1:00 pm Cribbage 2:00 pm Ladies Social 6:00 pm Board Meeting	29 1:00 pm Bingo LEAP DAY 	01 7:30 am - 10:00 am Caramel Rolls & Coffee	02 1:00 PM Pinochle Party



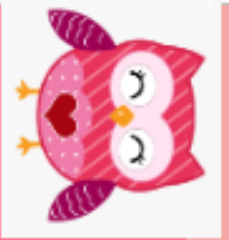
WANTED
Food Delivery Drivers

Bingo at Belle Silver Lining Senior Center

Every Monday & Thursday 1:00 pm

PENNY BINGO!!





Look What's Cooking at Belle Silver Lining
 Come Join Us for Lunch Every Day 11:00am - 1:00pm
 828 Kingsbury Street, Belle Fourche, SD

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
Baked Ham, Cheesy Potatoes, Veggie Medley, Pineapple, Peanut Butter Cookie	Swiss Steak, White Rice, Broccoli, Pears	Baked Chicken, Mashed Potatoes, Mixed Veggies, Applesauce, Snickerdoodle	Swedish Meatballs, Egg Noodles, Green Beans, Mandarin Oranges	Kielbassa, Peppers & Onions, Wild Rice, Peaches, Brownie	Salmon Patty, Baked Sweet Potato, Creamy Spinach, Fruity Jello	Deluxe Chicken Patty Sandwich, Creamy Broccoli Soup, Tropical Fruit
11	12	13	14	15	16	17
Pork Chops & Mushroom Gravy, Mashed Potatoes, Green Beans, Pears	Turkey Ala King, Parslied Noodles, Mixed Veggies, Tropical Fruit, Chocolate Chip Cookie	Chicken Cordon Bleu, Sweet Potatoes, Broccoli, Peaches	Pork Loin, Wild Rice, Veggie Medley, Cranberries, Pudding	Lasagna, Green Beans, Garden Salad, Garlic Bread, Pears	Beef Barley Soup, Garden Salad, Corn Bread, Mixed Fruit, Oatmeal Cookie	Chicken & Dumplings, Green Beans, Mandarin Oranges
18	19	20	21	22	23	24
Beef Stroganoff, Egg Noodles, Broccoli, Dinner Rolls, Pears	Pork Stew, Garden Salad, Cheesy Bread, Peach Crumble	Hot Turkey Sandwich & Gravy, Mashed Potatoes, Green Beans, Cranberries	Meatloaf, Baked Potato, Mixed Veggies, Tropical Fruit	Taco Salad, Tortilla Chips, Refried Beans, Mandarin Oranges, Ice Cream	Chicken Stir Fry, Steamed Rice, Egg Rolls, Asian Veggies, Pineapple	Pulled Pork Sandwich, Potato Wedges, Broccoli Salad, Fruity Jello
25	26	27	28	29	1	2
BBQ Chicken, Baked Beans, Brussell Sprouts, Corn Muffin, Mixed Fruit	Tuna Casserole, Peas & Carrots, Tropical Fruit, Dinner Roll, No Bake Cookie	Pot Roast & Gravy, Mashed Potatoes, Roasted Carrots, Pears	Chicken Pot Pie, Garden Salad, Dinner Roll, Tropical Fruit	Ham & Potato Casserole, Veggie Medley, Garden Salad, Peaches		
3	4					



For Home Delivered Meals
 Contact Karen 605-892-6285
 Milk Served with meals daily





OPEN 6 DAYS PER WEEK

Monday – Thursday 10 am to 5 pm
Friday 8 am to 5 pm • Saturday 10 am to 4 pm



**Belle Silver Lining Members
Receive 20%* Discount Everyday!
So... Become a member and enjoy your discount!**

*20% off regular price. Not good with any other offers.

HOURS:
Mon-Thur: 10 am-5 pm
Fri: 8 am-5 pm
Sat: 10 am-4 pm



828 Kingsbury St. • 605-892-6285

NATIONAL SECONDHAND WARDROBE WEEK



National Secondhand Wardrobe Week is coming (2nd week of February (7-13th)! It's time to shop for bargains and vintage clothing. Support your local thrift shops and shop secondhand. Stop in at Belle Silver Lining and come home with a new wardrobe. Budget and thrift shopping is the ultimate recycling.

Members - save 20%
Non Members show this and save 20% on ONE clothing item

Valid Week of February 7 - 13th (2024)

FEBRUARY 28TH
6:00 PM



BOARD MEETING
All are welcome.

Lori Foos

December 9, 1961 — January 29, 2024
Belle Fourche



Read the full obituary at
www.leveringtonfh.com/obituaries/lori-foos



Tai Chi - Sundays 1:30pm

Benefits may include:

- Improved hand-eye coordination.
- Increased blood circulation.
- Improved sleep quality.

Wear loose fitting clothing and soft shoes.
All levels of physical ability can be accommodated.

Medical Equipment



AVAILABLE

Available to members at no charge including:

- Briefs for Men and Women
- Adult protection with Tabs
- Feminine Pads
- Shields for Men
- Sanitary Wipes

OPEN TO EVERYONE!

BREAKFAST FUNDRAISER



SATURDAY - FEB 17TH
7:30AM - 10AM
SUGGESTED DONATION \$5



YOU HAVE THE POWER TO HELP

No amount is too small to give.

Take a moment to donate to Belle Silver Lining and support the seniors in the community.



www.bellesilverlining.com



Beware of seasonal affective disorder (SAD). The winter months, including February, can bring challenges such as colder temperatures and reduced daylight hours. Some older adults may be more susceptible to seasonal affective disorder (SAD).



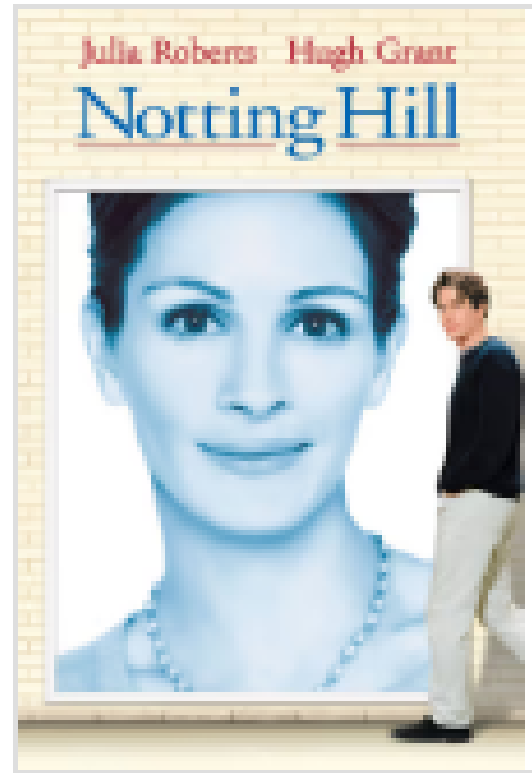
Recognizing this, it becomes essential to promote activities that boost mood, such as social interactions, exercise and exposure to natural light when possible. Be sure to check out the list of activities available at Belle Silver Lining.

Coffee & Caramel Rolls
EVERY FRIDAY 7:30 - 10AM

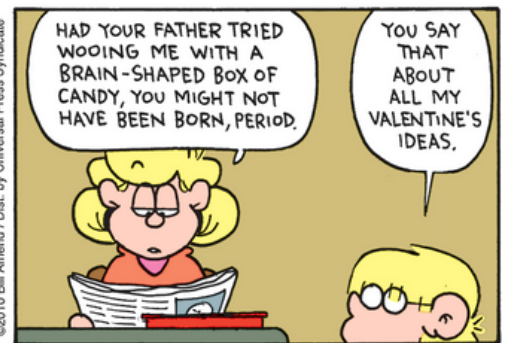
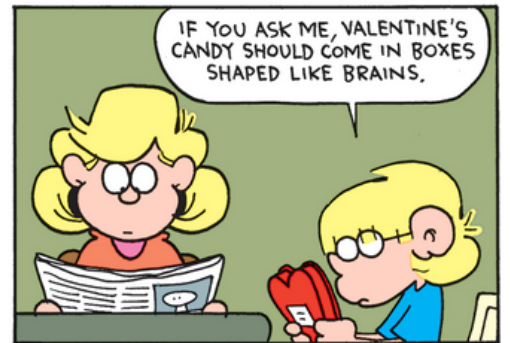
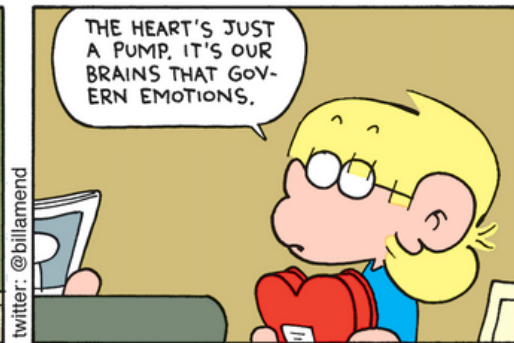
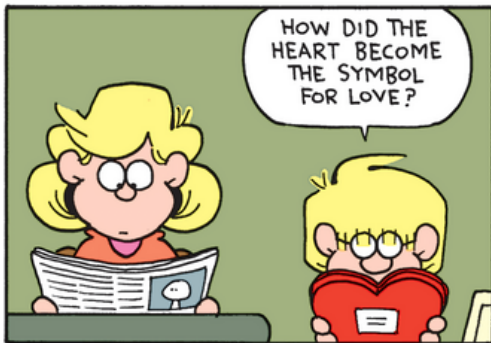
6 PM
FRIDAY - FEB. 23RD
MOVIE NIGHT
NOTTING HILL
FEATURING
JULIA ROBERTS & HUGH GRANT

Free for members
\$2 for non-members

**NEED A RIDE...
GIVE US A CALL AHEAD**



NEVER STOP
setting goals



twitter: @billamend

www.foxtrot.com

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MEMO 2-14

SHOPPING SPREE | FUNDRAISER | WIN GIFT CARDS

SUPERMARKET SWEEP RAFFLE



Lynn's Shopper - Beth Morey



Lueder's Shopper - Guy Wapinski

Thank you to our sponsors

Belle Fourche Laundry & Dry Cleaning
 Cleaning the FABRIC of our community!

LUEDERS
 FOOD CENTERS

Lynn's
Dakotamart



MOXIE
 Marketing
 OF THE MIDWEST

Thank You to
 Our Sponsors!

February Word Search

MARCH 5th - Doors open 6pm

LET'S PLAY
Belle Silver Lining

Branding Iron - Come early for dinner specials

CARAMEL ROLLS AND COFFEE
FRIDAY 7:30AM-10:00AM

E	V	O	C	G	P	R	G	L	Z	W	M	Y	V	L	U	Q	H	S	X
J	N	N	F	O	E	I	P	C	H	J	N	T	J	S	W	F	B	R	U
E	Y	I	A	H	L	W	S	U	W	O	T	W	O	N	S	B	P	Q	G
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A	E	M	R	U	E	O	F	D	A	S	G	A	O	M	G	E	G	V	H
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M	V	Z	P	P	L	Z	B	H	D	I	T	N	N	M	Q	O	U	H	A
O	D	S	Z	E	U	V	G	I	T	E	P	F	J	B	G	Y	R	G	T
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E	U	U	I	R	C	V	L	S	W	G	A	R	V	E	U	Z	S	M	N
E	A	Q	P	N	E	H	E	S	S	O	U	P	R	L	N	N	Y	J	S
R	A	X	G	N	C	N	A	T	E	L	O	I	V	L	A	Y	H	B	O
F	V	M	T	J	J	O	P	Z	B	B	F	L	W	A	Q	S	T	H	D
C	C	O	S	I	N	F	L	O	I	H	C	A	T	S	I	P	E	J	M
M	R	Z	V	E	Q	X	O	N	G	Q	U	L	X	F	Y	H	M	P	F
S	H	O	I	O	Y	O	H	D	K	L	P	J	R	C	O	I	A	O	Z

- AMETHYST
- ANTHONY
- AQUARIUS
- BROWNING
- CHOCOLATE
- COLD
- FREEDOM
- GROUNDHOG
- INVENTORS
- LEAP
- LINCOLN
- PISCES
- PISTACHIO
- PIZZA
- PRESIDENT
- PRIMROSE
- SNOW
- SOUP
- UKELELE
- UMBRELLA
- VALENTINE
- VIOLET
- WASHINGTON
- WEATHER
- WINTER

INTERNET SAFETY

The internet, while an amazing resource and often times a socialization platform can poses risks of everyone. We tend as a society to essentially keep our lives on our phones, often including personal information. As wonderful as technology is, it can fail and often is wise to still keep personal information in a safe physical location.

According to the NCOA (National Council on Aging) seniors lost an estimated \$966,000,000 due to internet and phone scams in 2020. Part of the battle in keeping hackers away is to not open pop-up ads, links, or attachments from an unknown sender (Email, Text's Etc). These attachments can contain malware or phishing links. 'Phishing links' take you to sites that gather your personal and financial information. Malware, short for "malicious software," and is software intentionally designed to damage or gain unauthorized access to a computer, server, or network. Malware has the power to destroy files and steal your personal information. It can even impact the performance of your computer.

The NCOA Website, has a site for reputable computer security software, some of which is for free! The biggest way to keep your money in your pocket is DON'T RUSH! Scammers will make you rush, to avoid you thinking logically. Keep your passwords in a safe location, and ensure you use different passwords. If you use a public community double check that you log out of your account prior to leaving. Lastly, if you feel your device (especially a mobile device is compromised or 'hacked', place it in airplane mode, and most phone stores or technology stores can help diagnose the issue.



Mardi Gras, (French: Fat Tuesday) is a festive day celebrated in France on Shrove Tuesday (the Tuesday before Ash Wednesday), which marks the close of the pre-Lenten season. The French name Mardi Gras means Fat Tuesday, from the custom of using all the fats in the home before Lent in preparation for fasting and abstinence.

In the United States the principal Carnival celebration is in New Orleans, Louisiana. The Carnival season there opens on Twelfth Night (Epiphany, January 6) and climaxes with the Mardi Gras festivities commencing 10 days before Shrove Tuesday. This period is filled with elaborate revelrous parades, both day and night, building up to Mardi Gras and the Rex parade. Beads of yellow, gold, green, and purple are commonly distributed, and the eating of king cake is an iconic part of the celebration.



Daddy Daughter Dance

SATURDAY - MARCH 30, 2024

COMMUNITY HALL | 508 6th AVENUE | BELLE FOURCHE

- 6 PM - PHOTOS/SOCIAL/GAMES
- 7 PM - DINNER Lasagna, Garlic Bread, Salad & Rootbeer Floats
- 8 PM - DANCING (ENDS AT 10PM)

Formal attire / live music / door prizes

Tickets - \$30 each

purchase tickets
ticket sales end March 20th

The Olive Branch | The Emporium
Belle Fourche Chamber of Commerce
Online at bellesilverlining.com

DANCE THROUGH THE DECADES



	4			1				9
	7			6		1		
1	6	3	9					8
	3					2		
	5		7		2		1	
		6					3	
6					5	8	9	2
		5		2			6	
9				8				4

SPACE FOR RENT

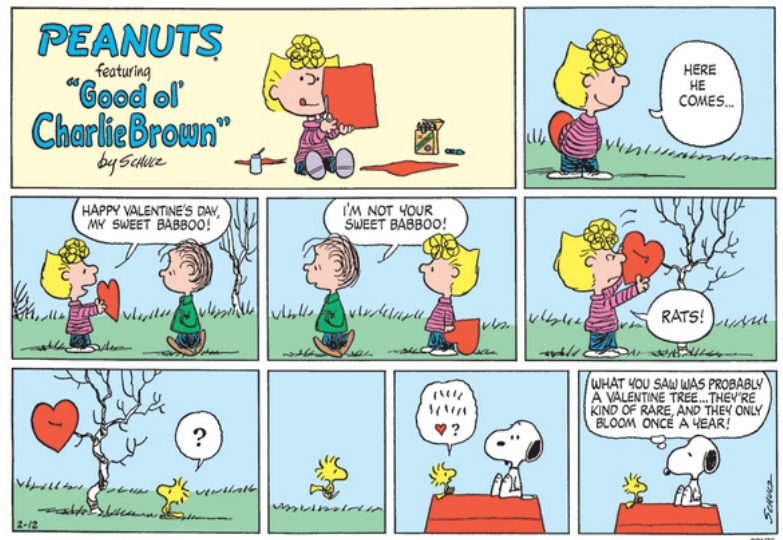
Having a Family Reunion, Wedding Reception, Birthday Bash, or even just a meeting? Belle Silver Lining is available to rent for your special occasion. You do not need to be a member to rent our space, but we do have reduced rates for members! Give us a call to check availability and rates.



Belle Silver Lining
828 Kingsbury Street
605-892-6285



Flu and Cold Season is here!
If you are experiencing cold and flu symptoms, or are just feeling under the weather: PLEASE consider the well being of your fellow members and stay home until you are feeling better.




Belle Silver Lining
ACTIVITIES & SUPPORT CENTER

Toenail Clinic

Tuesday, February 13th
1:00pm - 3:00pm

Call or stop by for an appointment
892-6285

Do you want to share your praise for a Belle Silver Lining employee, volunteer or member who has made a difference in your life or the lives of others? Would you like to nominate someone to be featured in our newsletter?

LOOK!

Call or text Krisi at 925-382-3853 or email at krisilee0616@gmail.com with your story and nomination.

5	4	2	8	1	3	6	7	9
8	7	9	2	6	4	1	5	3
1	6	3	9	5	7	4	2	8
7	3	1	5	9	6	2	8	4
4	5	8	7	3	2	9	1	6
2	9	6	1	4	8	5	3	7
6	1	4	3	7	5	8	9	2
3	8	5	4	2	9	7	6	1
9	2	7	6	8	1	3	4	5

NEW MAILING ADDRESS:
 Belle Silver Lining
 PO BOX 544
 Belle Fourche, SD 57717

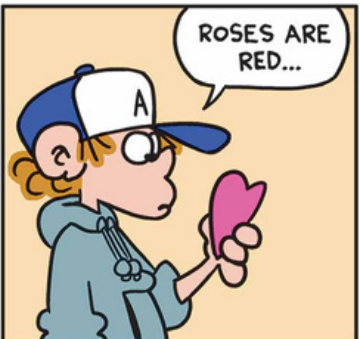
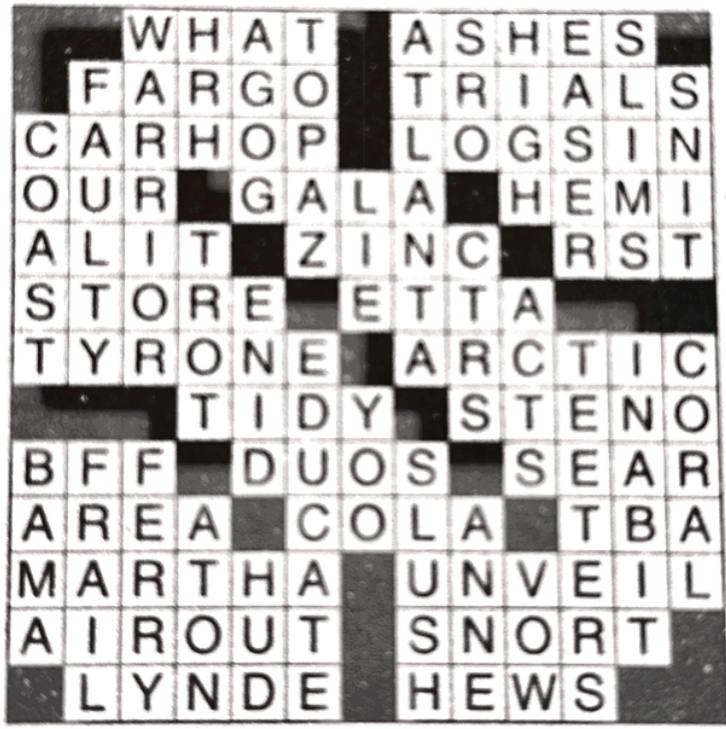


Please contact Krisi Lee 925-382-3853 - KrisiLee0616@gmail.com if you'd like to contribute something to a future newsletter.

OFFICE HOURS
 MON-FRI 9-4:30

THRIFT SHOPPE
 HOURS
 MON-THURS 10-5
 FRI 8-5
 SAT 10-4
 SUN CLOSED

WEBSITE
 WWW.BELLESILVERLINING.COM
 24 HOURS A DAY



www.foxtrot.com Twitter/FB: @billamend

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2-10 AMEND

Thank you to our volunteers in January

Janelle Austin
 Rita Bollwitt
 Tiny Brindley
 Lois Burghduff
 Brent Cohn
 Donna Coppess
 Marilyn Engle

Shirley Hatcher
 Mae Jewett
 Charles Lawless
 Krisi Lee
 Patsy Livingston
 Jeri Olson

Michele Post
 Mary Riley
 Leslee Shields
 Connie Silva
 Kay Trainor
 Mavis Ude

Don't see your name on the list? Please make sure that you're signing in each day or turning in your volunteer hours to Rita or Tiny by the end of each month.

DONATE

YOU'RE INVITE TO

Stages of Grief

acceptance

depression

bargaining

anger

denial

Grief Support Group
 9:30am Tuesday mornings
 grief support group lead by Patsy Livingston



ALERT

Beware of snow and ice on the sidewalk and parking area. We will do our best to keep the sidewalk clear but ice in the parking lot happens even with our best attempts to keep it clear.



Please use extreme caution!!

DON'T FORGET

29

DAYS THIS MONTH

Card Games

Pinochle
 Tuesday 10am
 Pinochle Party
 1st Sat. & 3rd Sun. 1:00pm
 Cribbage
 Mon 10:00am & Wed 1:00pm



Wishlist

Scotch Tape
 White Copy Paper
 Dawn Dish Soap
 Paper Towels

